

Prasatio



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Principal  
Army College of Nursing  
Jalandhar Cantt

## Pulsatio

Date:- 30 May, 2022 & 31 May 2022

Time:- 10:Am - 6pm & 10:Am - 4pm

Venue:- GMCH 32 College of Nursing.

Pulsatio was organised by GMCH 32 college of Nursing in Chandigarh it was talent event in which our students have participated in various events. 24 students were there we won first prize in fashion show, first prize in solo dance, second prize in solo dance, first prize in duet dance, Miss Pulsatio tag by Khushi, Third prize in singing. Our students were very much active & shown their talent very confidently. The students were taken there by 2 teachers & stay was arranged by GMCH 32 at Tat Bhawan Sector 27 D Chandigarh. Students had great time over there & successfully got many prizes in many events.

Signature of Editorial Incharge:-

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Jalandhar Cantt

Signature of Principal:-

*Principal*

# No Tabacco Day



*Dr. Anjali*

Principal  
Army College of Nursing  
Jalandhar Cantt

## NO Tobacco Day

Date:- 31<sup>st</sup> May 2022

Time:-

Venue:- MH, Jalandhar.

The No Tobacco day was celebrated by the college in MH, Jalandhar on 31<sup>st</sup> May 2022. on theme of 'Tabacco: Threat to our environment'

The campaign aims to raise awareness among the public about the negative environmental impacts of tobacco — from cultivation, production, distribution and waste.

In MH, Jalandhar, program started by addressing the MNS man, and near by local people. The students of BSc. [N] IV<sup>th</sup> year and I<sup>st</sup> year conducted the program by giving health education regarding tobacco, its causes & effects on health and how it has been a treat to most of the population.

In and all, the program was a huge success.

Signature of Editorial Incharge

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Jalandhar Cantt

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*Arshita*

# World Environment Day



*Barbati*

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Jalandhar Cantt

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## World Environment Day

Date:- 8 June 2022

Time:- 4 pm

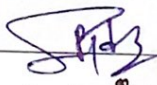
Venue:- football ground

Our college organised a program to celebrate world environment day. The principal mam and Registerare sirs along with teachers and students participated in the program with full energy.

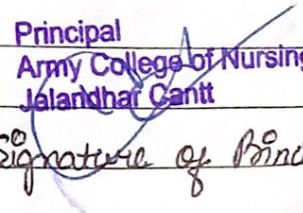
The Aim behind organising this program was to give awareness to people about keeping the environment clean and safe from pollution.

Plants were planted by students in back side of football ground at 4 pm. teachers guided in this regard. This was an amazing activity.

At last, Principal mam encouraged students to keep their environment clean so that we can live healthy life.

  
Signature of editorial Incharge

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Arshita

# Tree Plantation



Army college of nursing, Jalandhar Cantt, Punjab  
144005, India

*Arshita*

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Jalandhar Cantt

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## Tree Plantation Day

Date : 6<sup>th</sup> July 2022

Time : 2:00 pm

Venue : Football ground

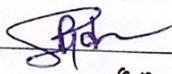
Our college organised an Activity of Planting Trees. The programme was initiated by NSS unit of College. As per the instructions provided by Central government to plant more trees in Rainy season.

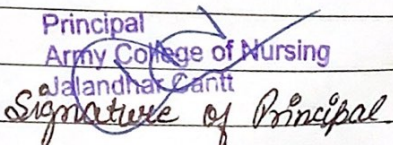
The Students were selected from all lower batches to plant trees. The gardener helped them with the task and teachers accompanied Students with activity.

This provided a student to know more about the environmental conditions.

The chief guest was our Registrar Sir and SNA members also took part in Activity.

At the end, the moment was pictured to put it in use of records. This was an inspiring task.

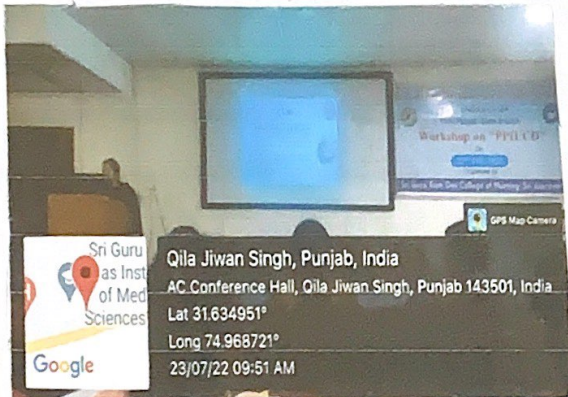
  
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Jalandhar Cantt.  
  
Signature of Principal

Arshita



# TNAI WORKSHOP



*Arshita*

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Army College of Nursing  
Jalandhar Cantt

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# REPORT ON ATTENDING TNAI WORKSHOP

DATE :- 23<sup>rd</sup> JULY 2022

TIME :- 8:00 AM - 4:30 PM

VENUE :- SRI GURU RAM DAS NURSING COLLEGE, AMRITSAR.

On 23<sup>rd</sup> July, 2022; TNAI Punjab State Workshop was organised by Sri Guru Ram Das College of Nursing in Collaboration with Trained Nurses Association of India (TNAI) - Punjab State branch.

TOPIC :- "Post Partum IUCD [Hands on Training]"

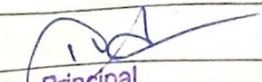
The workshop commenced at 8:30 am with Ice breaking session followed by Pre-test. The overview of PPIUCD was given by Dr. Parvish Saini (PRINCIPAL, SGRNC, Amritsar). Then, different speakers explained the whole topic very well. Then, it was followed by Role Play, Simulation Training and Post Test.

Additionally, Ms. Liza (Clinical Instructor) ACN had gone to Sri Guru Ram Das Nursing College to attend the workshop.

All in all, the whole session was fruitful and informative.

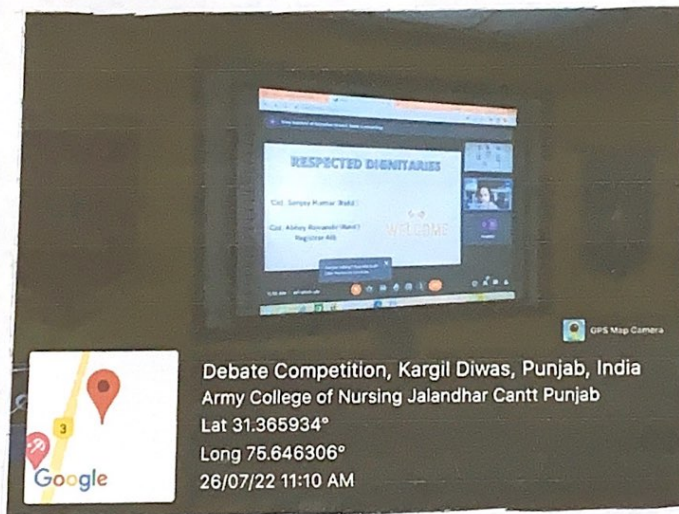
Ms. Liza (CP)  
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# KARGIL VIJAY DIWAS



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# REPORT ON DEBATE COMPETITION ON EVE OF KARGIL VIJAY DIWAS

DATE :- 26<sup>th</sup> JULY 2022

TIME :- 11:00AM-12:45 P.M.

VENUE :- CONFERENCE HALL, ACN JRC

MODE :- ONLINE [Google Meet]

On 26<sup>th</sup> July 2022, Debate Competition was organised by Army Institute of Education (AIE), Jalandhar to commemorate 75 years of Independence (Azadi Ka Amritmahotsav) on the theme "AGNIPATH SCHEME":- A Military transformation on the occasion of Kargil Vijay Diwas.

The competition was held at online mode on Google Meet. Two students of BSc (N) 3<sup>rd</sup> year had participated in Debate Competition, Ms. Yogeeta and Ms. Vaishnavi. Ms. Yogeeta (BSc (N) 3<sup>rd</sup> year) secured second position in the Competition. She received e-certificate for 2<sup>nd</sup> position. Ms. Vaishnavi also received participation certificate for the same.

In nutshell, the whole debate competition was fruitful and knowledgable.

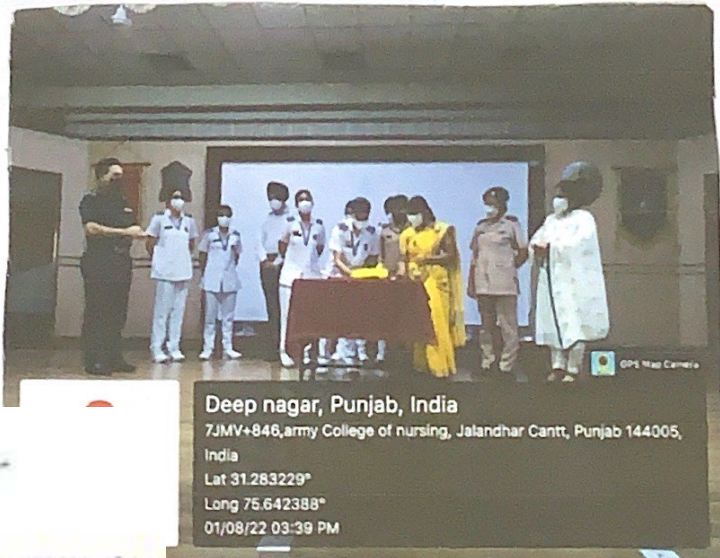
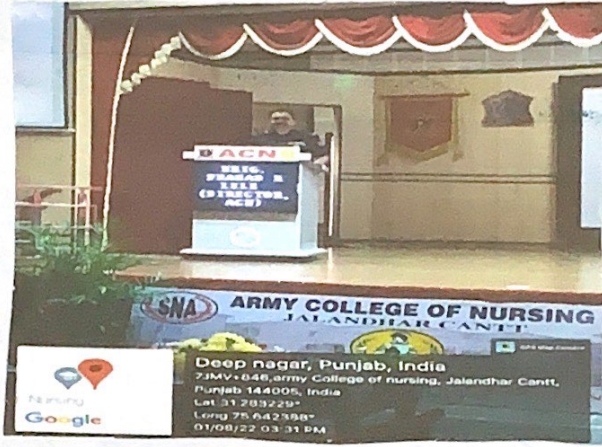
Ms. ELISA (CP)  
SIGNATURE OF EDITORIAL  
IN CHARGE

SIGNATURE OF PRINCIPAL

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Army College of Nursing  
Jalandhar Cantt

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# 1st ACN RAISING DAY



*Dr. Arshita*

Principal  
Army College of Nursing  
Jalandhar Cantt

# ACN RAISING DAY

DATE :- 01<sup>st</sup> August 2022

TIME :- 15:00 Hrs :- 16:00 Hrs

VENUE :- Ashoka Hall, ACN

Army College of Nursing, Jalandhar Cantt had celebrated 18<sup>th</sup> ACN Raising Day on 1<sup>st</sup> Aug 2022. The event was presided over by Brig. A. Lele [Commandant, MH & Director, ACN] and attended by Lt. Col Tapasi Ray Basman (Off. PM, MH), Prof M. Maheswari (Principal, ACN), Col H.S. Phagura (Registrar, ACN), faculty members & students.

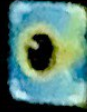
The function commenced with the formal welcome of dignitaries. Director, Principal and Registrar, ACN addressed the students highlighting the importance of discipline and excellency in academics. ACN has taken a huge leap in its infrastructural growth by having all classrooms air conditioned. Inauguration of AC classrooms was done by chief guest Brig. A. Lele. Cake cutting ceremony was done to celebrate the occasion.

The ACN Raising day was celebrated amidst brief description of our achievements and future plans. The function was followed by pizza treat for all.

By, Mr. B. B. B. B.  
of Additional Incharge

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Army College of Nursing  
Jalandhar Cantt

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Army college of nursing, Jalandhar Cantt, Punjab

144005, India

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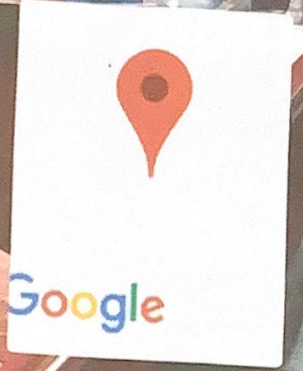
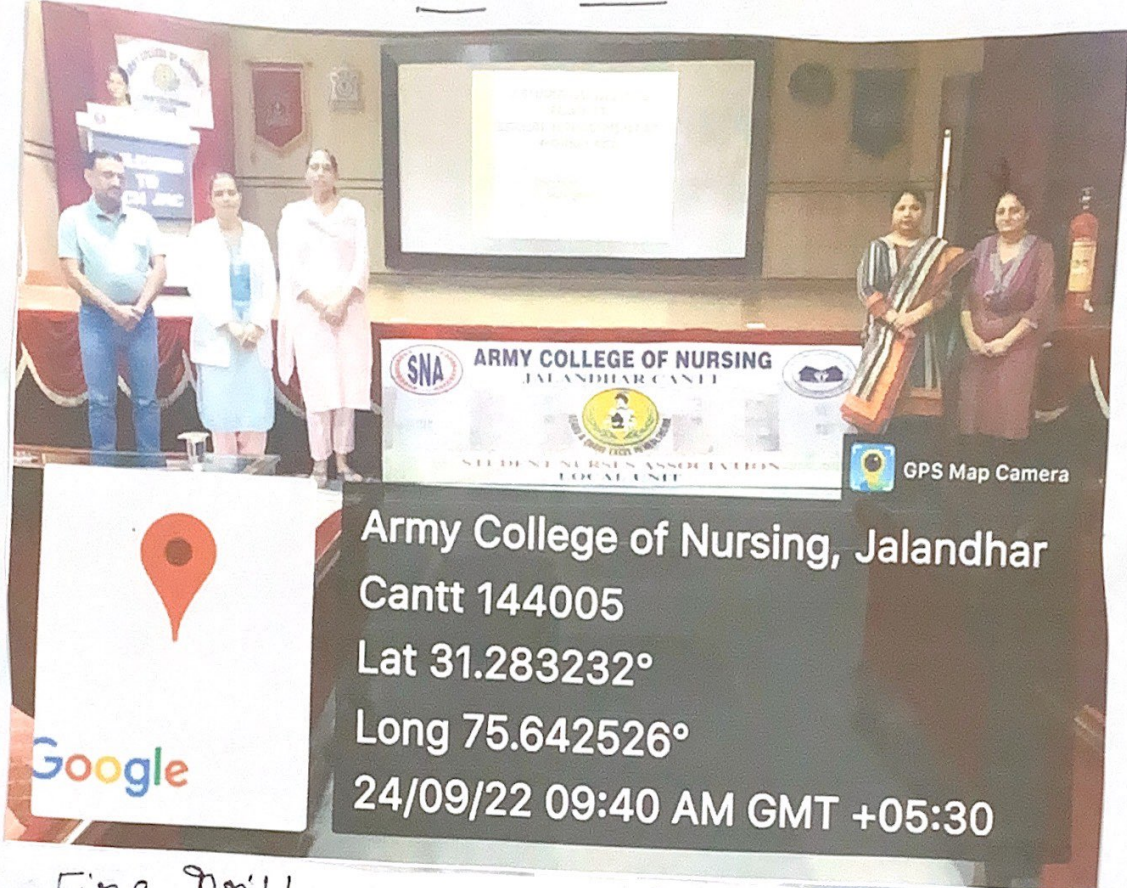
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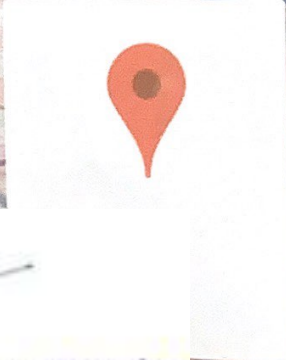
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Fire Drill



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*Basit*  
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## VISHAKHA GUIDELINES AND FIRE DRILL

Date → 24-September-2022.

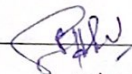
Time → 9:00-10:00hrs.

Venue → Ashoka hall.

Army College of Nursing, Jalandhar organised a lecture of Vishakha guidelines i.e. a set of preventive, prohibitive re-addressal procedures against sexual harassment of women in working sectors as per Indian Supreme court, delivered by Ms Gagan Sharma (Assistant Professor, ACN). The event was presided by Prof Charlotte Ranadive (Principal, ACN), Col H.S Phagura (Registrar, ACN).

The event was further escorted by a. powerpoint representation on fire safety, its prevention and hazard management. by Col H.S. Phagura (Registrar ACN) with a practical demonstration of fire extinguisher in front of college ambience.

The event was culminated with a formal vote of thanks by Ms Shika Sangwan (BSc (N) 2nd year).

  
 Editor in Charge

Offg Principal  
 Army College of Nursing  
 Jalandhar Cantt  
 Signature of Principal.



"World Heart Day"



*Arshita*

Principal  
Army College of Nursing  
Jalandhar Cantt

Signature

## WORLD HEART DAY 2022

Date - 29/09/22

Time - 10:00 - 12:00 hrs

Venue - KK vihar

The event was organised by ACN, JRC on 29-10-22 at KK vihar, ACN, Jalandhar Cantt at 10:00-12:00 hrs with the theme "Use heart for Every Heart"

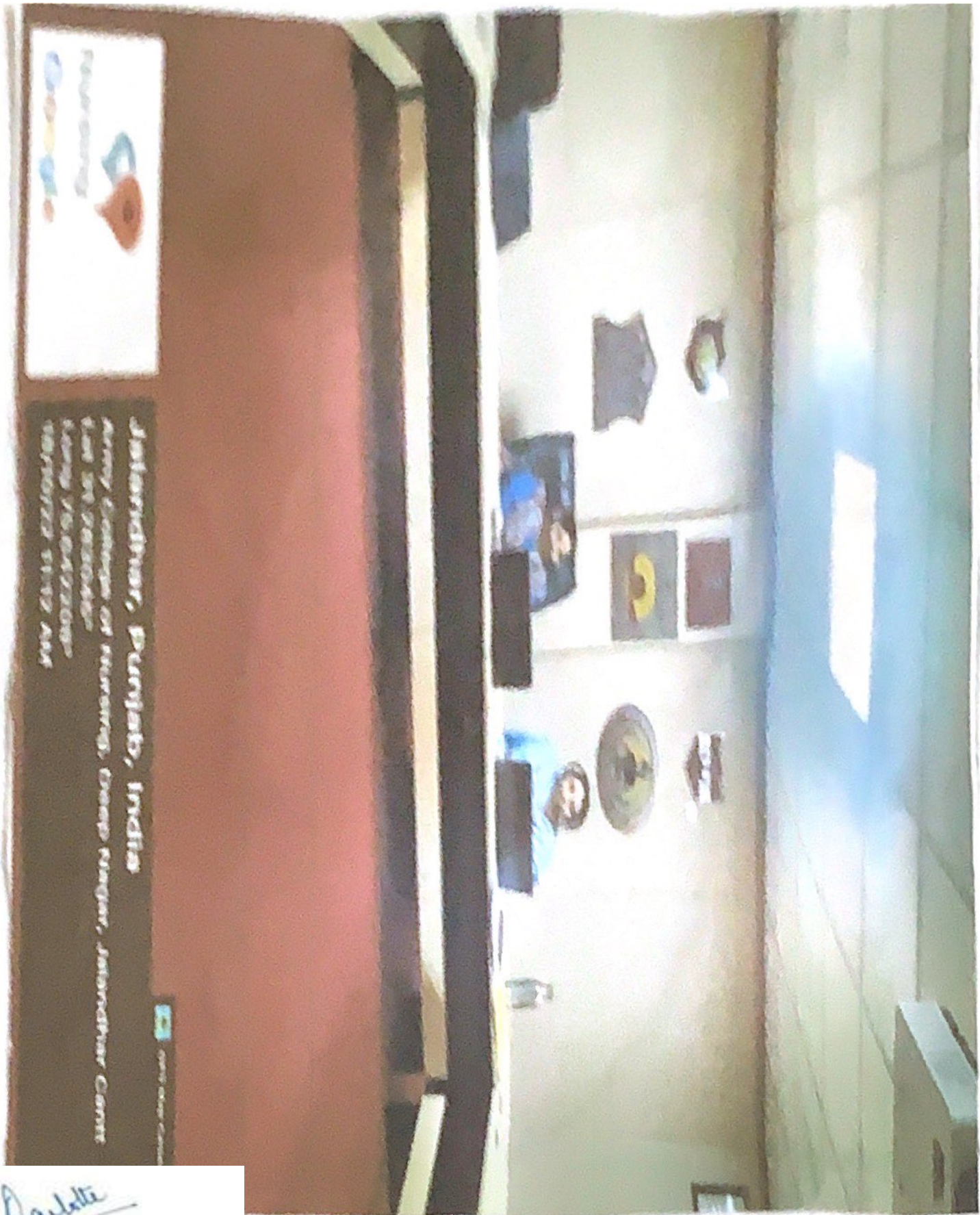
The event was organised by Medical Surgical department by Ms. Gagan Sharma and Ms. Pameet with the collaboration of students of BSC Nursing 2<sup>nd</sup> year.

The short skit was performed and Health Education was delivered on the topic CPR and CAD. The event was very interactive. Students created awareness about the emergency situations and various heart diseases.

The event was wrapped by Ms. Gagan Sharma, (AP) by clearing out the doubts.

Signature of Editorial incharge

Signature of Principal.



**Jalandhar, Punjab, India**

Army College of Nursing, Camp Nagar, Jalandhar Cantt  
Army Hospital  
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